



## LLQG\_FEB\_2023\_BOM

### True Lover's Knot

14.5" unfinished

**Colored** Fabric requirements;

16 – 2 ½" squares.

20 – 1 ½" X 2 ½" rectangles.

**Background** Fabric requirements;

4 – 2 ½" X 5 ½" strips.

5 – 2 ½" squares.

16 – 1 ½" X 2 ½" rectangles.

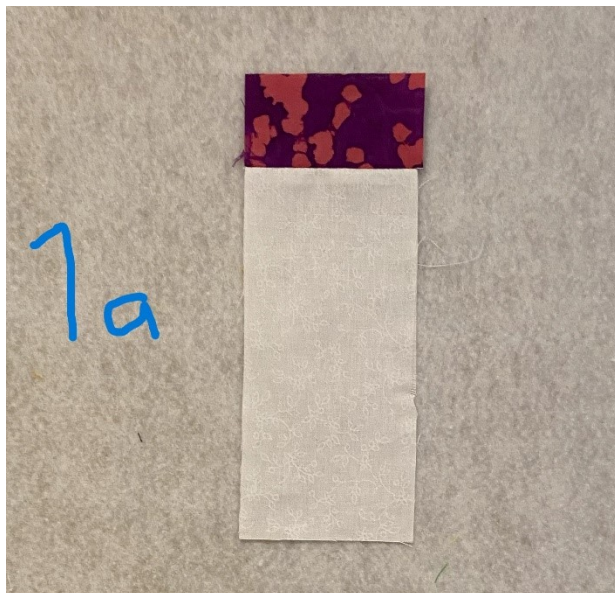
All seams are ¼". Directions are not given for directional fabrics.

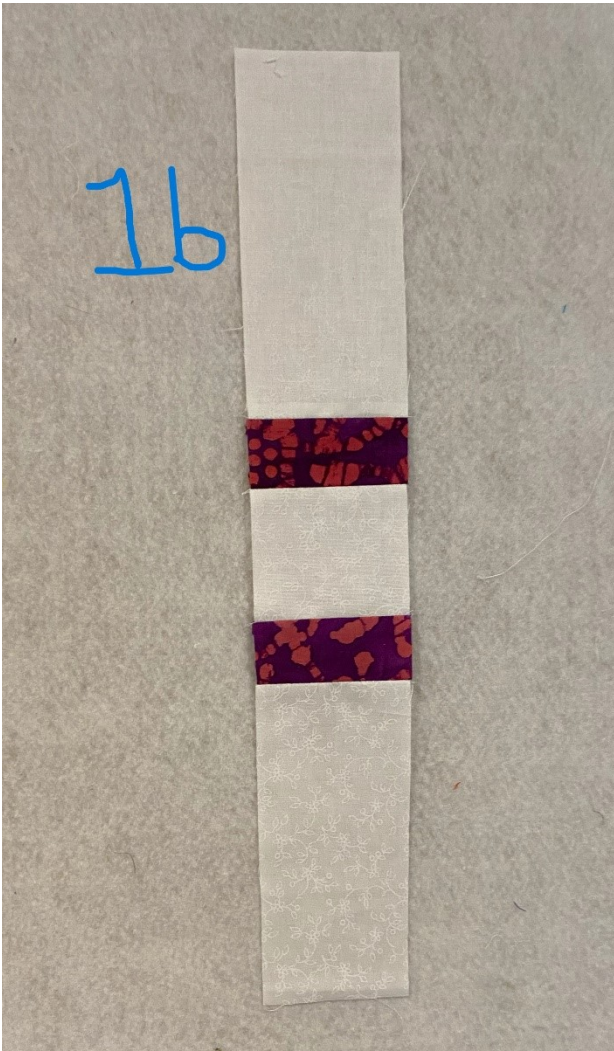
**WOF:** width of Fabric.

You can either cut the **rectangles** by

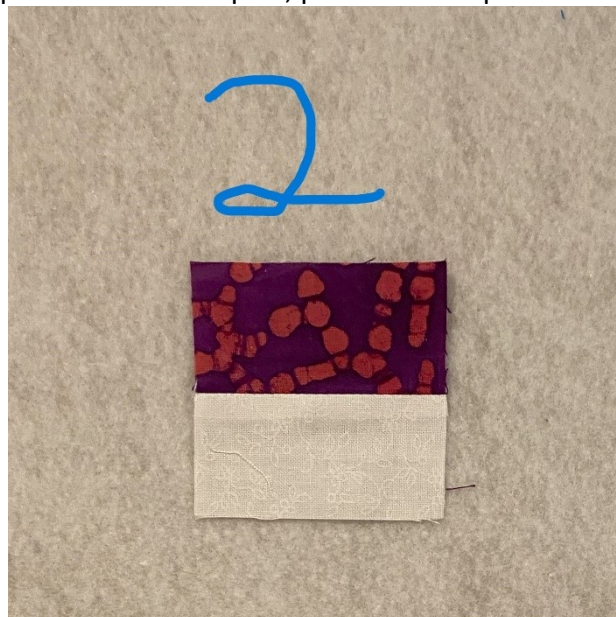
cutting a WOF strip at 1 ½" from both fabric, sewing them together, and then sub-cutting at 2 ½" lengths or cutting strips at 2 ½" and then sub-cutting the different lengths you need, then sewing it together, this is what I did because all the different requirements had 2 ½" inch for at least one of the sides! Lets Go – This is an easy one!

- 1) Take your 4 - 2 ½" X 5 ½" strips of **Background** Fabric and sew 1 – 1 ½" X 2 ½" rectangle of **Colored** Fabric on one end of each piece, right sides together. Press seams open. Set two of these aside, we will call these side pieces **unit 1a**. Now take one of the two remaining strips and sew 1 - 2 ½" **Background** square right sides together to the **Colored Fabric end** of the strip. Press seam open. Next take the remaining strip and sew it, **Colored Fabric end** to the opposite end of the 2 ½" square of **Background** Fabric, right side together! Press seam open. We will call this **unit 1b**, it will be the center column of the finished block. Set this aside with the other **unit 1a** pieces.





- 2) Now take the remaining **32 - 1 ½" X 2 ½"** strips, there should be **16** of both **Colored** and **Background** Fabrics, and sew 1 of each color, right sides together, down the length of the rectangle, piecing untyou have combined all **16** pairs! Cut them apart, press seams open. These now measure **2 ½"** square, we



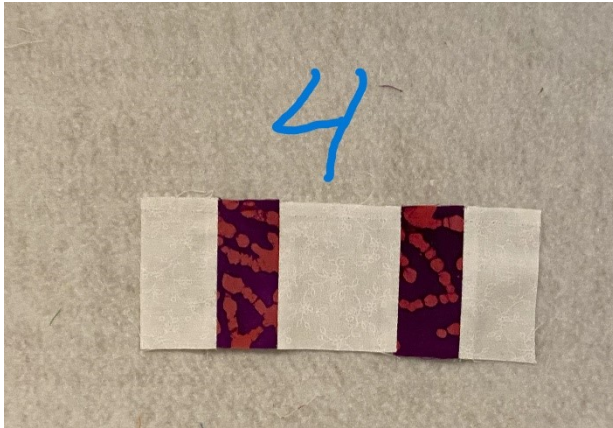
will call them **unit 2**.



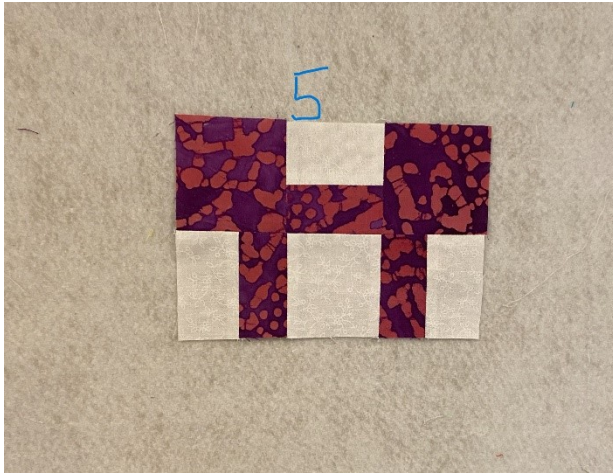
- 3) Now get 8 of the **Colored** Fabric squares and sew them to 8 of the **unit 2** squares, so that both colors meet the **Colored** square, right sides together. Press seams open. Next get the other 8 **Colored** Fabric squares, and sew one each, to the other end of the **unit 2** squares, right sides together. Press seam open, then stack four of these with **Background** Fabric facing up, **Unit 3a**, and the other four with **Background** Fabric facing down, **Unit 3b**. Set them aside for now.



- 4) Next get your 4 remaining **Background 2 1/2"** squares and four of the remaining **unit 2** squares, and sew them right sides together so that **Colored** (C) side of the **unit 2** square is next to the **Background** (B) square. Press seams open, then get the last 4 **unit 2** squares and sew them colored side to the opposite side of the Background square, so that this unit will be B/C/B/C/B. Press seam open, Lay these out with space above each one. These are **unit 4**.



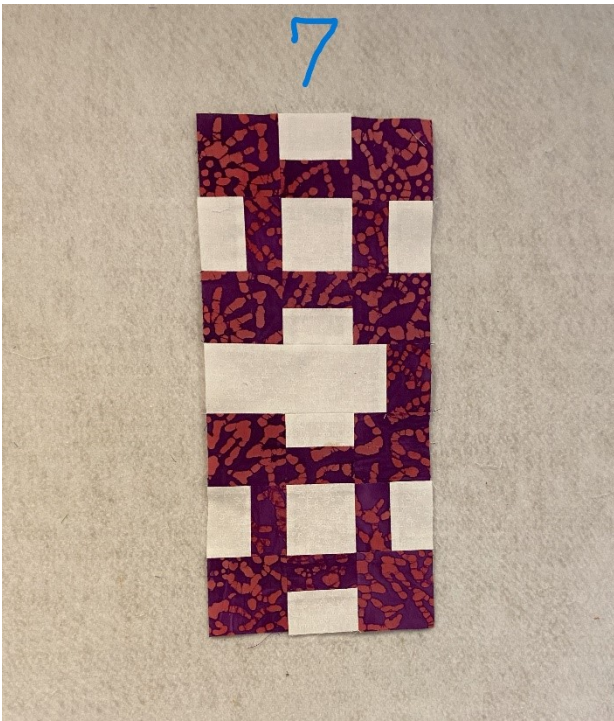
- 5) Now get your **unit 3a** pieces right side up and place these above your **unit 4** pieces right side up, fold the **unit 3a** down right sides together on top of each **unit 4**. Line up across the top, pinning with ultra-thin pins, matching seam points, the ends of the pieces 1/4" in from the end and any open seam sides that are going under the presser foot first, that would be 6 pins. Do this for all 4 sections. Sew seams, remove pins and press open. These are now **unit 5**.



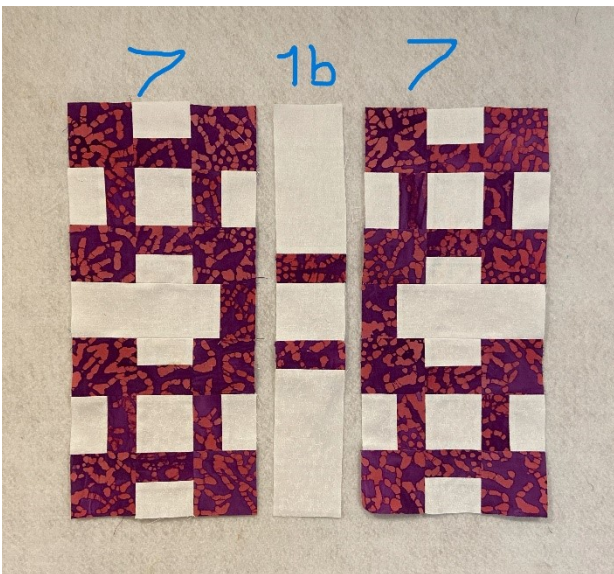
- 6) Now spread your **unit 5** pieces out, right sides up, leaving space underneath them. Get your **unit 3b** pieces and place them right side up below your unit 5 pieces. Then fold your **unit 3b** up right sides together on to the bottom of **unit 5**. Pin along the bottom with ultra-thin pins, matching seam points, the ends of the pieces  $\frac{1}{4}$ " in from the end and any open seam sides that are going under the presser foot first, that would be 6 pins. Note that the middle background square is now surrounded by color pieces. Do this for all 4 sections. Sew seams, remove pins and press open. These are now unit 6. You now have 4 **unit 6** pieces.



- 7) Take 2 of the **unit 6** pieces right side up and place a **unit 1a** piece between them right side up, with the **Colored** piece on the **right side**. Flip the **unit 1a** up right sides together lining up along the bottom of the **unit 6** piece. Sew the **Unit 1a** to the bottom of the top **unit 6** piece right sides together, pinning as before across the bottom of the two pieces. Press seam open, and then, flip the bottom **unit 6** piece, right side together on top of the **unit 1a** piece lining up across the bottom of the two pieces. Pin as before. Sew your seam. Press seam open. Now do the same with the other 2 **unit 6** pieces only this time face the **color** section of the **unit 1a** to the **left side** of the **unit 6** sections. These are **Unit 7**. Leave them right side up with space between them.



- 8) Lastly retrieve your **Unit 1b center column piece** and place it between your two **unit 7** pieces. Lining up so that **Color Fabric** surrounds the **center 2 ½" Background square**. Pin as before, sew your seam, Press seam open. You are done!



←Note the position of the colored pieces in the center! When sewn together these will surround the background square in the center of the block!